



JUNE 13 2015
8am start

Mahoney State Park

HIGH 5 RELAY

5 COURSES

5 TERRAINS

5:55:55 LONG

High 5 Relay is a race like no other. Up to 5 racers per team, 5 courses, 5 terrains, high 5 exchanges, in 5 hours, 55 minutes and 55 seconds. One runner per team will be out on one of the five courses at a time while the rest of the team is strategizing which course to tackle next in order to gain the most possible points in the least amount of time. Each course begins and ends at the Pavilion with a high 5 acting as the baton pass between teammates. The goal is not to finish first, but to accumulate the most points before time runs out. Each course will be given its own point value based off of the speed and difficulty of the course. It's up to you to strategize between distance and terrain and consider which course best suits each runner's strengths.

To survive and win this race it will be a test of both your physical and mental will to win.

*** Solo category - New this year!**

For all of you who are brave enough to try to tackle all 5 courses and terrains on your own we have added a Solo category this year. Rules and points will operate similar to that of the team category. If you are someone looking to test your endurance and stamina this is the race for you!

High 5 Relay will have a family focus to the event with families encouraged to attend to support the runners and join in the festivities and listen to music. There will be a kids' obstacle course race for kids up to 15 years old. Each kids entry also includes two park activity tickets to any of the following: Water Park, Mini Golf, Activity Center, Craft Center, or Paddle Boats. There will be plenty for the whole family to enjoy throughout the entire event.

DETAILS



WHERE: Mahoney State Park
28500 W Park Hwy, Ashland, NE 68003

START AND FINISH: Mahoney State Park
Pavilion participant parking and roads around pavilion close at 7:00 am

WHEN: June 13th, Saturday 8:00 am start
Race concludes at 1:55:55pm with runners still on a course allowed to finish the leg and count the points earned for that leg.

Awards will tentatively be held at 2:30pm

PACKET PICKUP: TBA

Visit www.high5relay.com to register!